

Finding Yoyu & Financial Abundance

Affirmations for Shifting Your Money Mindset

Financial yoyu isn't just about how much money you have—it's about how much ease, freedom, and choice you feel around money. It's about recognizing abundance in all its forms, including the resources, support, and opportunities already available to you.

The affirmations below are drawn from my own journey of rewriting old money stories and embracing a new sense of financial yoyu. They are here to remind you that it's safe to receive, safe to earn, and safe to step into the abundance that's waiting for you.

Use these affirmations as a daily practice, say them out loud, or write them in your journal. Notice how they feel in your body and allow them to guide you toward greater financial ease and confidence. And don't be afraid to add your own! Your relationship with abundance is unique, and your words hold power.

1. **It's okay for me to receive money for the work I do.**
2. **It's safe for me to ask for and receive money, and my neighbors think so too.**
3. **It's safe, and no one is going to arrest me for asking for money for the work I do.**
4. **It's safe for me to receive money, and the government thinks so too.**
5. **It's okay for me to enjoy my work AND receive money for it.**
6. **It's okay for me to enjoy my work AND increase my prices.**
7. **It's safe for me to talk about money and let people know that I make money.**
8. **It's safe for me to make more than \$3000 a month.**
9. **It's okay for me to make \$100,000 a year.**
10. **It's safe for me to pay myself and choose who I give money to.**
11. **It's safe for me to enjoy making money.**
12. **It's safe for me to make more and more money.**
13. **It's safe for me to be a wealthy woman.**
14. **It's safe for me to wield money.**
15. **It's safe for me to make money, and my friends make money too.**
16. **It's okay to talk about the amount of money I make.**
17. **It's safe to be wealthy.**
18. **It's perfectly normal for me to pay myself a generous salary.**
19. _____
20. _____

